

**BUYING LOCAL WHILE SOCIAL DISTANCING
Minnesota Cooks - A Program of Minnesota Farmers Union**

DO NOT show up at farms without prior permission.		Follow specific instructions provided by each farm.			Stay home if you are feeling ill.		
Farm Name	Location (City/Sta	Contact Name	Contact Email	Contact Phone	Products Available	Details on products available and how consumers can get products from you - Delivery Dates, When/Where, Discounts, etc.	Other Information
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4 Quarters Holding	Wrenshall Mn	Terri Thell	4quartersholding@gmail.com	218-393-7077	Grass Feed Beef	Beef is frozen product in clear pkg and is available for pick up on farm	
A-frame farm	Dawson	Luke	Lukepetersonfarms@gmail.com	320-226-7999	Grass Fed beef	Email me. On site pickup.	
Amador Hill Farm and Orchard	North Branch, MN	Jerry	w-e-l.org	651-583-0705	-fresh produce -eggs -garden seedlings	CSAs at amadorhillfarm.org & farmers market pre-orders at millicityfarmersmarket.org	
Ames Farm	Watertown, MN	Brian Fredericksen	Webstore@amesfarm.com	952.955.3348	-Raw Honey -Honey Comb -Bulk Honey -Beeswax -Apples and pears in season	Pickup, Drop off, USPS and UPS Shipping possible	
Askegaard Organic Farm	Moorhead,MN	Mark	Askorganic@msn.com	701-261-0448	Grains	Order directly by phone or email. We ship regionally using SpeedDee Delivery for next day delivery. We offer whole and ground organic golden flaxseed, organic pinto beans, and organic whole wheat flour. All products are grown and processed on our 6th generation organic farm.	
Astro Green Farm	Prior Lake, MN	Aimee	aimeedoe2@gmail.com	619-977-6908	Living microgreens	We have a hydroponic farm and grow non-gmo living microgreens. We are flexible on all ideas at this point. Thank you! Our website for more information on our product is astogreenfarm.com	
Bee Sweet Honey	Elk River	Rich Connoy	reconnoy@yahoo.com	612-875-9023	Raw honey, 12 & 24 oz bears, 1 lb glass jar, 3 lb jug, 1 gal jug.	Pickup at my place, call ahead.	
Ben Penner Farms	ST PETER	Ben Penner	ben.penner@gmail.com	507-995-7756	-Organic Whole-Grain Wheat Flour -Organic All-Purpose Flour -Organic Rye Berries -Organic Turkey Red Wheat Berries	pennerfarms.square.site	
Blue Fruit Farm	Winona, MN	Katie Lange	katielange55@gmail.com	507-450-9567	-Pear Aronia Juice -Blueberry Jam -Plum Aronia Jam -Pre-orders of all berries (blueberries, honeyberries, black currants, aronia berries, elderberries)	Shipping, delivery, and pick-up options are listed online at the link above. We have reduced shipping cost during this time to make it more feasible for our customers. For every 10 pounds of blueberries and honeyberries sold, we are donating one pound of fruit to Cardinal of Minnesota homes. Cardinal of Minnesota provides a safe, happy, and healthy living environment for individuals with Intellectual/Developmental Disabilities, Mental Health Concerns, and Brain Injuries.	We currently have juice concentrates available and in-stock which are packed with nutrients and antioxidants. We are also taking pre-orders for our berries though won't have any available until harvest season. Very limited quantities of each juice flavor!!
Blue Ox Farm	Wheeler, WI	Caleb or Lauren Langworthy	BlueOxFarm@gmail.com	715-632-2088	-Grass fed lamb -Grass fed beef TEMPORARILY SOLD OUT OF BEEF	We then work with you and the butcher to make sure you get the cuts that work best for your cooking style. We harvest usually in Midwinter and sometimes spring. Next harvest dates are listed in our online shop. We will deliver orders when they're ready. Customers can purchase lamb or beef shares on our website. https://www.blueoxfarm.com	
Bolton Bees	-Saint Paul -Hugo -Menahga	Chiara Bolton	boltonbees@gmail.com	651-728-1530	Local Raw Honey (4 location specific varieties and 1 SolarHoney)	Please visit our website www.boltonbees.com and order online. Thank you for your support!	
Clover Bee Farm	Shafer, MN	Margaret Hanson-Pierre	Cloverbeefarm@gmail.com	952-261-3312	Spinach	On-farm pick up only www.cloverbeefarm.com	
Dan and Gilda's Produce	Sauk Centre, MN	Gilda Gieske	bgieske@wisper-wireless.com	320-352-6255	-Jams and jellies -free-range brown eggs (avail now) -vegetable and herb starts (order now for May 2020) -seasonal vegetables and herbs (spring, summer, fall 2020)	Call or email to arrange pick up or delivery.	
Dancing Gnome Farm	Wabasha, MN	Lauren Barry	dancinggnomefarm@gmail.com	612-270-7237	Certified Organic Vegetables	We serve Hopkins/the metro area and the Wabasha area through CSA and farmers markets. Find all the latest details at www.dancinggnomefarm.com	

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Dancing the Land Farm	Clearwater, MN	Curtis Weinrich	Curtisweinrich@gmail.com	320-558-2853	-Pork -lamb -goat -eggs -produce -flowers -yarn Also, veggie and flower CSA shares are still available	Offering on-farm pick up, and possibly delivery options in the St Cloud area, as well as Twin Cities. Find us on Facebook and Instagram for updates. Visit www.dancingtheland.com for information on product availability.	
Doubting Thomas Farms	Moorhead, MN	Noreen Thomas	noreen.jo.thomas@gmail.com	218-233-8066	-Rolled Whole Grain Oats -Pancake Mix -Whole Grain Flours -Eggs (if local) -Oat berries - cooks like brown rice but healthier	Shipping available through Speedee or delivery to area towns. MFU members receive a discount applied to every order. Buy bulk or buy for families to help reduce shipping! www.doubtingthomasfarms.com	
DragSmith Farms	Barron, WI	Gail or Maurice Smith	dragsmithfarms@gmail.com	715-537-3307	-greens -produce -bison -elk -beef -eggs	Call for an availability list. We normally deliver to the Cities Tuesday, Wednesday and Friday but call to schedule.	
Early Boots Farm	Sauk Centre, MN	Tyler Carlson	earlyboots@gmail.com	320-249-1841	-Grass-fed beef -lamb	We offer bulk order delivery as well as retail cuts and bundles through our farm's webstore. We deliver to St. Cloud and Twin Cities metro area on the second Tuesday of each month and we're occasionally adding additional deliveries as demand requires. We also offer on farm pick-up. Bulk orders (1/4, 1/2, whole beef) are available statewide and delivered on a coordinated date and time. Some delivery charges may apply. Click Shop at www.earlyboots.com	
Earth-Be-Glad Farm	Lewiston, MN	Mike & Jennifer Rupprecht	ebgfarm@hbc.com	507-523-2564	100% grass fed beef	Custom-processed freezer beef and retail cuts (including processed sausages, snack sticks) On farm by appointment, delivery by appointment, Bluff Country Co-op, Winona	
Farm Girl Fresh, LLC	Litchfield, MN	Colleen Anderson	info@farmgirlfresh.com	320-434-1510	Dried Black Beans, Light Red Kidney Beans, Navy Beans non-GMO, chemical free, sustainably grown in Minnesota	Locally grown on our family farm in Litchfield, MN contact us for on farm pickup or order from our website https://www.farmgirlfresh.com/shop/	
Fasbender Produce	Adams, MN	Shawn Fasbender	fasbenderfam@gmail.com	507-8847329	-eggs -plants -produce during season	Drop off at door step and drive up service.	
Fiddlehead Farm	Andover, MN	Amanda Yadav	fiddleheadfarmmn@gmail.com	218-340-5351	Microgreens	Residential deliveries are done on Mondays within 10 miles of Rum River Elementary. Order online at our website. We offer free pick up during the Rochester Farmer's Market on Saturdays from 9 to noon. Also see our website for upcoming sales. www.flavourinajar.com	
Flavour in a Jar	Dexter, MN	Melody Gilbertson	melody@flavourinajar.com	507-440-5197	Artisan jams and jellies		
Food Farm	Wrenshall, MN	Janaki Fisher-Merritt	janaki@foodfarm.us	218-384-4421	-Summer & Winter CSA shares. -Large preserving quantity orders also available.	Weekly Summer Shares delivered to small pickup sites across the Duluth area, Cloquet, Esko, and Superior: June-October. Monthly Winter Shares available November-April. Order online at https://foodfarm.csaware.com/store/	
ForageScape Farm, LLC	Onamia, MN	Andre LaSalle	Foragescape@gmail.com	320-733-0649	-Pasture raised pork -chicken -beef -lamb -eggs	Free Twin Cities metro area delivery Customers can find our mushrooms in Kowalskis markets and can order direct from us for pick-up at our store location on orders of 5lbs or more. https://www.forest-fork.com	
Forest to Fork	St. Paul, MN	Mike Kempenich	mike@gentlemanforager.com	763-350-4811	Shiitake Mushrooms		
Fresh Earth Farms	Hastings, MN	Chris James	chris@freshearthfarms.com	651-436-2778	CSA Shares SOLD OUT FOR SEASON	Many drop site locations around the twin cities plus on-farm pickup	
Frickson Family Farms	Dakota, MN	Andy & Darienne Frickson	Frickson88@live.com	507-429-0375	-Beef -Pork -Eggs	Individual retail cuts and packages, or bulk 1/4s, 1/2s etc. In stock all year! Delivery within 30 miles of the farm or mutual meeting locations!	
Frisk Far Boksen (Fresh From the Box)	Shoreview, MN	Chris Glasoe	chris@friskfraboksen.com	651-983-1905	-Lettuce -Arugula -Kale -Radishes	We have mini-head lettuce, some arugula, and scarlet kale. Online orders can be placed through www.ironshoefarm.com on "The Pantry" tab or our website www.friskfraboksen.com . Currently we deliver.	
Get Bentz Farm	Northfield MN	Theresa Bentz	getbentzfarm@gmail.com	651-271-5142	-Grass-fed lamb meat (leg of lamb, shank, rib chops, bones for broth) -goat milk lotion and soap	On the farm or delivery to cities during the week. Dates TBD by customers.	

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Grampa G's	Pillager	Shayne Johnson	grampa.gs@gmail.com	215-251-5222	-Microgreens -pea shoots -sunflower shoots -lettuces -mustard greens -Deep Winter Greenhouse - Multiple Asian greens and salad mixes.	Open to deliveries, drop offs and pick up at the farm (thru distancing), 7 days a week, wholesale discounts possible. Please pre-order by either email above. Farm pick-up available.	
Grandpa Don's Market	Rushford, MN	Zach Lind	info@grandpadonsmarket.com	612-709-8531	-Beef -pork -turkey -fish -cheese -butter -lard -fruits and vegetables	We ship direct via UPS. Order on our website at www.grandpadonsmarket.com	
Grass Fed Cattle Company	Edina, MN	Valerie Luhman	Valerie@grassfedcattleco.com	507-272-9271	-Grass finished beef -Pastured pork -Pastured poultry	Consumers can order online at grassfedcattleco.com and select delivery, shipping, or a date to come pick it up from our freezer location in Edina Minnesota. Available in bulk or small quantities. We have pickups 1-2 times per week	
Green Earth Growers	Prior Lake, MN	Jenny	info@greenearthgrowers.net	612-205-1034	Plants and produce	Offering curb side pick up with online ordering and possible delivery services	
Hanappe Ranch	Castle Rock, MN	Kerry Haniff	hanapperanch@gmail.com	651-341-5995	organic, grass-fed beef	Direct Sales at the ranch: Ground beef, steaks, roasts, summer sausage, hotdogs, liver, bones, etc. Delivery of quarters and halves to metro area is arranged with customer.	
Happy Critters Farm	Mahtowa, MN	Amanda	happycrittersfarmmn@gmail.com	218-340-3027	-Pork -Beef	Consumers can set up a pickup time with us to come out to the farm. We also offer delivery on select Wednesdays of each month to specific zip codes. More info on our website. Orders can be placed through our website. www.happycrittersfarms.com	
Heartland Hemp LLC	Pierz	Lisa Gall	lisa@heartlandhemp.us	320-630-9116	Hemp-derivatives: tinctures, topicals, teas and dots (gummies)	www.heartlandhemp.us or call Lisa @ 320-630-9116 Mail delivery 2-3 days	
Hidden Ponds Ranch	Mahtowa MN	Jerad Lambert	jeradlambert@yahoo.com	218-380-0750	Beef	Beef in individual cuts (ground beef, steaks, and roasts), quarters, or halves. Pick up at the farm in Mahtowa or meet in a central location Moose Lake to Superior. Call, text, or Facebook message on our Facebook page: Hidden Ponds Ranch.	
Hidden Stream Farm	Elgin, MN	Lisa Klein	lisa@hiddenstreamfarm.com	507-272-4157	-Beef -Pork -Chicken -Lamb -Eggs	We do home delivery in Rochester, Winona areas as well as limited areas in Minneapolis/St. Paul. Pick up available at the Rochester Downtown Farmers Market on market days. Visit www.hiddenstreamfarm.com for a full product listing.	
Iron Shoe Farm	Princeton, MN	Carla Mertz	Ironshoefarms@gmail.com	763-482-4552	-Beef -Poultry -Eggs -Pork -Microgreens -Seasonal vegetable produce -edible flowers	Delivery and farm pick ups available	
Joe	Wabasha, MN	Joe	Joehawks9@msn.com	760-305-2313	Non-GMO Beef	We bring steers into butcher periodically and if you would like a quarter (200-250lbs of Ground beef, steaks, roasts, etc.) we will put you on the list for the next available date. Delivery available.	
Kanabec farm	Morristown Mn	Al Charla	caspzack@gmail.com	507-685-4372	Vegetables - Tomatoes, beets, lettuce, sweet corn, leeks, melons, green and yellow beans, zucchini, maple syrup, zinnas, dill, carrots,	Only in season, no delivery, call to place order	
Kleinschmidt Farms	Staples, MN	Russell Kleinschmidt	kleinschmidtfarms700@gmail.com	218-349-5376	-Vegetables -Beef -Chicken -Eggs	Farmer's Market, CSA, Roadside Stand, and Limited Delivery in local area around Staples and Long Prairie. Farm is listed on Minnesota Grown, Local Harvest, and Facebook.	
Kroll Farm	Long Prairie	Hans and Lynn Kroll	lynnkroll@wisper-wireless.com	320-732-6266	maple syrup	on farm -- 24451 265th Ave; Long Prairie	
L'Etoile du Nord Vineyard	Parkers Prairie	Polly Perkins	polly@letoiledunordvineyard.com	320-298-4686	Wine made from grapes we grow and other fruit grown by our neighbors	Order online for shipping direct to your door, call to order wine for pickup at the winery. Check us out at www.letoiledunordvineyard.com	
Last Chance Ranch	Hallock MN	Britt Slusar	453034@park.edu	218-988-2030	Beef	Pick up and some delivery	
Maple Hill Garden	Southern Todd, western Stearns county, Alexandria & Douglas County	Tim	tyjking49@centurylink.net	320-732-6203	-lamb cuts -honey -maple syrup -Cheviot wool fleeces	Curbside delivery available. Visit www.maplehillgarden.com	
Marvin's Gardens	Melrose, MN	Marv	windmarv@gmail.com	320-310-6249	-Organic garden produce -Baked and canned goods -eggs -beef -lamb	Call first	

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Medicine Creek Farm	Finlayson, MN	Hannah Bernhardt	Hannah@medicinecreekfarm.com	612-483-5121	-100% Grass fed Beef -100% Grass fed Lamb -Soy-free Pastured Pork	We have always and will continue to take online orders and do deliveries direct to your home in the Twin Cities and Duluth and along the I-35 corridor between the two cities. Grass Fed Beef Boxes will be available again in June, but we also encourage pre-orders on fall and winter quarters and halves of grass fed beef, lamb, and pastured pork as well. More details and an easy online order form are at www.medicinecreekfarm.com/order	
Minnesota Fresh Farm	East Bethel	Sharon Johnson	Sharon@minnesotafreshfarm.com	612-735-5459	-Produce -frozen meats -eggs -cheese -honey -maple syrup	Pre-order for curbside pick up at our farm stand. See minnesotafreshfarm.com for details.	
Native Organics by Januschka Family Farms	Little Falls, MN	Daisy or Rusty Defoe	info.nativeorganics@gmail.com	320-469-1176	-Organic Ground Beef -Beef Weiners -Bratwursts -Beef Patties	email, text, or call to place delivery and most up to date inventory	
Nelson Grass Farm	Ogilvie, MN	Desiree Nelson	desiree@nelsongrassfarm.com	612-290-8357	-Eggs -Chicken -Pork	Pastured raised soy free eggs, chicken available mid-July, pre-order half or whole pigs for fall/winter.	
Nettle Valley Farm	Spring Grove, MN	Dayna Burtness	nettlevalleyfarm@gmail.com	612-812-1923	-Whole and half pastured, organically fed, soy/corn free hogs SOLD OUT FOR SEASON, ACCEPTING WAITLIST NAMES	We have whole and half hogs available mid November through mid January each year. We are happy to deliver to your doorstep for \$50 or you can pick up your meat directly from the butcher.	
Nine Rock Ranch, LLC	Sandstone, MN	Jenny or Tim	ninerockranch@yahoo.com	320-207-8370	-USDA Rabbit - whole or cut up -raw pet food & treats	Call or email to arrange a pick-up or drop-off	
Northwoods Creations	Brainerd	Lois Mass	lcaugh43@hotmail.com	218-829-0405	100% whole wheat breads and baked products	Products are 100% chemical-free, non-GMO whole wheat milled in my kitchen (no bleached or enriched white flour or white sugar): wheat bread, cranberry walnut bread, herb cheese bread, cinnamon raisin, German dark rye, wheat skinny buns, Lois' granola, wheat buttermilk pancake mix, whole wheat chocolate chip cookies, carrot cake mini bread, caramel pecan rolls, frosted cinnamon rolls.	I was selling in Westgate Mall in Brainerd the corona virus occurred. Now I am selling from my home in Brainerd on Riverside Dr. every Friday per orders. People can order by phone or on my website: www.loiscaughlan.com or 218 829-0405
Ole Lake Farm	Aitkin, MN	Kevin and Debby Flowers	olelakefarm@gmail.com	218 927-4610	-Whole Wheat flour -Rye flour -Goat's milk soap and lotion -Wheat berries -Rye berries	Flour products from the farm, delivery in the Aitkin area, possibly Brainerd. Goat's milk soap and lotion available at the Crow Wing Co-op in Brainerd also available at the farm and by delivery to same area as the flour products. We are willing to ship.	
Oneota Farms	Harmony, MN	Suzanne Hansen	oneotafarms@gmail.com	612-716-7636	-Pastured pork -Beef -Eggs -Radishes	We have some delivery to the Twin Cities. We broker for Amish growers.	
Ortman Greenhouse	Hermantown MN	Debbie Ortman	Dort33484@gmail.com	218-391-2421	-Vegetable transplants and herbs -raspberry plants -a few varieties of flowers	Local purchase only - no mail order	
Pastures A Plenty	Kerkoven, MN	Cindy VanDerPol	Shop@pasturesaplenty.com	320-367-2061	-Pork -Beef -Free range eggs	Twin cities delivery May 7th, June 11th, July 16th and August 20th, On farm sales Monday - Saturday, coop stores around the twin cities, Duluth, and Grand Marais Visit our website at www.pasturesaplenty.com	
Pearson Organics, LLC	Lake City, MN	Kristin Pearson	pearsonorganics@gmail.com	507-261-5098	Vegetable CSA Shares	We deliver throughout the Twin Cities (Tuesdays) and Rochester (Monday/Friday). See our website at www.pearsonorganicsfarm.com for more information!	
Pekin Hill Farms	Chatfield, MN	Amanda McCabe	Pekinhillfarms@gmail.com	507-259-7409	-Pastured Pork cuts -Pastured Chicken -All Natural Beef.	Products available through our online store, flexible delivery dates available. Link to store - https://app.barn2door.com/e/QAd83	
Pettit Pastures LLC	Milaca, MN	Jake Pettit	Pettitpastures@gmail.com	612-401-6872	-Grass fed beef -Pastured Berkshire Pork	We process beef every 3 weeks but products have been selling out shortly after. We do offer on farm pick up or home delivery in the Twin Cities area and Central MN. Customers can order online at https://www.pettitpastures.com/shop/ . If items are sold out, email to request products when they become available.	
Prairie Point Farm	Beardsley MN	Anne Schwagerl	PrairiePointFarm@gmail.com	952-457-6068	Pasture raised pork	We offer on farm pick up, buy pork by the package. Place orders now for whole and half hogs available in the fall.	
Rebel Rooster Farm	Good Thunder	Becky Harhaj	rebelroosterfarm@gmail.com	651-398-2400	Gourmet Mushrooms	Delivery, curbside, farm pickup	
Red Pine Pastures	Little Falls, MN	Eric and Stephanie Haakonson	redpinepastures@yahoo.com	320-241-3650	Pasture raised, corn and soy free chicken and eggs.	https://www.redpinepastures.com/	
Releaf	Little Falls MN	Lisa Lintner	releafology@gmail.com	320-360-7140	Other	RELEAF.ORG.COM is free shipping, order online and I will ship to you for free during this time. Questions on the website, or need to order by phone.	
Rieke Dairy	Franklin, MN	James Kanne	jameskanne16b@gmail.com	507-557-8334	-free range eggs -beef	Buyers of beef must have a butchering date with a local locker (40 mile radius of Franklin) steers and cows (hamburger/stew meat/fillets)	

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Rivers Edge Market Garden	Oronoco, Mn	Samuel Allen	riversedgemarketgarden@gmail.com	612-242-6067	Pre-packaged grab and go Microgreen salads with croutons and dressing	Please don't hesitate to ask for our fresh sheet of available microgreens and microherbs varieties! Happy to send that to you! Door-to-door deliveries available Wednesday's and Saturday's and pickups are aligned Wednesday's from 5-7 with our friends at Bleu Duck Kitchen Rochester, MN. We are certainly flexible however and are working to make accommodations as needed each week. Discounts or wholesale pricing is available. Thank you! https://www.riversedgemarketgarden.com	
Shepherd Moon Farm	Lindstrom, MN	Terey	Terry.m.arnold@gmail.com	763-607-8196	Organic pastured eggs -Frozen broiler chicken -Duck -Meat rabbits -Turkeys -Stewing hens -Eggs -Goat milk soap.	Farm pick up. Contact ahead of time either phone or email. Eggs are \$6 a dozen.	
Simple Harvest Farm Organics	Nerstrand, MN	Kathy Zeman	Kzeman1958@gmail.com	507-664-9446	-Chevre -Feta -Cheese curds	Saturdays, 10-2; or by appointment.	
Singing Hills Dairy	Nerstrand, Mn	Lynne Reeck	singinghillsgoatdairy@gmail.com	651-373-6519	-Pastured bison -Pork -Eggs	At Mill City Farmers Market every other week. Pre-order site is listed on their page. We can be emailed directly for drop locations. We also have a square store. https://singinghillsdairy.square.site/ Online ordering is available via our website sleepybisonacres.grazecart.com Bison ground, steaks, roasts, sausage products, bacon, and eggs are all available while supplies last. Home delivery is available to our immediate area, drop points are available for group orders, can ship to your doorstep as well. Meat proteins are 10% off with Covid19 code, and eggs are 25% off for foreseeable future.	
Sleepy Bison Acres	Sleepy Eye	Craig	sleepybisonacres@gmail.com	507-766-1405	Quarters of Beef	October and November or March and April We are a fourth generation feedlot at this location. We feed a balanced ration to high quality cattle and slaughter only the best for our friends and neighbors.	
Smith Feedlots	Holloway	Dennis Smith	drsmith@fedtel.net	320-226-0617	-Black Angus Beef 1/4, 1/2, full	Please contact Tom or Jenni at 320-468-6925 or 320-360-3014 or email tom@smudeoil.com for details. It comes out to under \$5.00 per lb. cut and wrapped. We have the dates reserved at the processor for July and August.	
Smude Farms	Pierz, MN	Tom Smude	tom@smudeoil.com	320-468-6925	-sunflower oil -microwave popcorn -raw honey -soothing skin salves -CBD oil products	Call, email, text and we will find ways to deliver, drop off or have you pick up product	
Smude Oil	Pierz Mn	Jim Mattes	Smude@smudeoil.com	651-795-9387	-Full & Half CSA Shares (Certified Organic Vegetables) -Flower Shares -Bulk Flowers	Veggie CSA Shares start June 24, 2020 and can be picked up at your choice of 7 sites. Flower Shares likely will start July 20 or 27 and can be picked up at 2 sites.	
Stone's Throw Farm	Wrenshall, MN	Catherine Conover	stonestrowmn@gmail.com	218-269-9094	Grass-fed beef products TEMPORARILY SOLD OUT	Pre-selling beef shares, next available in September. see product list: www.stormycreekfarm.com/order	
Stormy Creek Farm	New Ulm, MN	Valerie Hsu	hello@stormycreekfarm.com	507-276-1515	-100% grass fed Highland beef -pork -lard	On-line ordering & payment from our website, on-farm pick-up. Grab-n-go. We load for you. Visit our website: www.suttonridgefarm.com	
Sutton Ridge Farm	Jordan	Jennifer	Profarm@frontiernet.net	952-492-5210	Fruit, Other	On-farm pickup, see social media	
Sweetland Orchard	Webster, MN	Gretchen Perbix	Sweetlandorchard@gmail.com	651-252-4337	-Beef -lamb -chicken and pork in the next few months	Join our email list, Facebook group, email us directly; we are doing deliveries in central Minnesota and farm pick-ups	
The Bluffs	Melrose, MN	Ashley Uphoff	ashley@thebluffsbeef.com	320-333-5498	-Grass Fed Beef -Pork	Deliveries available. Please contact me at 320 249-7335 or 3hacers@gmail.com. I have a price sheet I can send to you.	
Triple H Acres	St. Joseph	Robin Heinen	3hacres@gmail.com	320-249-7335	Duck eggs	Anytime	
Twin Oaks Farms	Northfield, MN	Kay	Reecekrp@gmail.com	612-282-6585	-Culinary Herbs -Herbal Teas -Maple Syrup	Contact for ordering information.	
Under the Sun Herbs	Madelia, MN	Alise Torgusen & Bil Carda	contact@underthesunherbs.com	507-508-6646	-Pork -Eggs -Lamb -Chicken -Duck -Geese, -Goat -Elderberry (juice, cordial, jam, jelly, syrup)		
Veterans Farming Initiative	Montrose	Tom Norris	tom@vfi.farm	507-573-2119	Local Farmers - Aggregating	Online you can see all the markets that have online sales platforms - www.farmersmarkethub.org Wabasha's hub is https://www.localinc.ca/wabasha-farmers-market	
Wabasha Farmers Market	Wabasha MN	Sara George	wabashafm@gmail.com	715-651-5046	-grass fed beef -free range chicken -eggs	We raise grass fed beef. No antibiotics or hormones (not certified organic). Meat is available for bulk purchase (quarters, halves, and wholes) or by individual cut, to-your-door delivery within a 30 mile radius of Winona. We also have free range chicken eggs.	
Waldo Farms	Winona, MN	Cassi	clwaldo99@gmail.com	507-459-1024			

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DO NOT show up at farms without prior permission.		Follow specific instructions provided by each farm.			Stay home if you are feeling ill.		
Farm Name	Location (City/State)	Contact Name	Contact Email	Contact Phone	Products Available	Details on products available and how consumers can get products from you - Delivery Dates, When/Where, Discounts, etc.	Other Information
Walker Farms	Princeton, MN	Anneliese Walker	walkerfarmsmn@gmail.com	218-290-8024	- Pasture raised eggs - Chicken - Turkey - Pork - Grass fed beef	Biweekly delivery to St. Cloud and NW metro area. www.walkerfarmsmn.com	
Waxwing Farm	Webster, MN	Anna Racer and Pete Skold	Farmers@waxwingfarm.com	952-652-6552	- Summer and Fall/Winter CSA shares - Whole and half hogs available for CSA members to purchase	We offer home delivery, on farm pick up, as well as delivery to numerous drops sites around the metro area. Our delivery day is Wednesday and our start date is TBD, but often the third week in June.	
White Barn Acres, LLC	Kellogg, MN	Matt Tentis	Tentisfarms@gmail.com	507-208-3101	Beef	Pick up locations on farm or at the co-owners home in Rochester, MN. May also order through Kappers Big Red Barn.	Beef bulk sales in sections, bundles or individual cuts
Wholesome Family Farms	Caledonia, MN	Rachelle	rfmeyer1993@gmail.com	507-450-2886	- Free range eggs - pre-orders for pastured pork, chicken, turkey, goat & 100% Grass Fed Beef	Delivery to Caledonia, willing to meet at ultranationalist destination upon request, 10% off any pre-orders. We are now offering Delivery within 30 miles of Caledonia. Visit our website at: www.wholesomefamilyfarms.com	
Yellow Hutch Farm	Braham	Chris Kiesz	chris@yellowhutchfarm.com	320-496-9154	- 100% grassfed beef - pasture-raised poultry - forest-raised pork	You can order and pay your invoice online. Local and metro deliveries available. We are offering: 1. Drive-up service at the farm. Please call ahead. You don't have to get out of your vehicle. Pre-orders through the website or by phone are best. 2. To-Your-Door deliveries. We will now deliver Tuesdays, Thursdays, and Saturdays for free within 30 miles of the farm. Order by 5pm the day before your desired delivery date, and we'll come to you. If you are further than 30 miles, we charge an additional \$1 per mile. This charge does not apply to our scheduled monthly Metro Area Drops. 3. Cambridge drops every Saturday at 11am in the City Center Market parking lot. Order by 5pm on Fridays. 4. Metro drops. Order by 6pm on Wednesday to allow time for packing and invoicing. Our "Order By The Cut" page has all the current inventory and pricing. Please call 320.496.9154 with questions or to place an order. Stay safe and healthy.	
Yker Acres	Carlton MN	Matt Weik	sara@ykeracres.com	218-839-1248	Pork	We offer home delivery to Twin Cities, Duluth, and the Northshore. Please check out our online shop for details at ykeracres.com	
To help Minnesota farmers navigate these uncertain times and continue to sell your products, we're working on compiling a listing for consumers to make it easier for them to know what and how they can buy from you.							
We'll keep updating the list, but to do so, we'll need you to update us. For specific questions, contact the Minnesota Cooks team at info@minnesotacooks.org.							